



Job Posting:

Certified Coach – The Exercise Coach Southeast Aurora

“If you have enthusiasm, a positive attitude, and good communication, I have a fun and fulfilling Personal Training Position just for YOU!”

We understand that everyone knows they should exercise and wants to be fit and healthy. But that is easier said than done, given busy schedules and, in some cases, somewhat beat-up bodies. Thousands of people enjoy the best possible workout at our 180 nationwide studios every day. **The Exercise Coach®** brand was built upon the belief that staying strong and healthy shouldn't feel like a hassle!

Members of our team enjoy benefits like:

Access to state-of-the-art fitness technology

- Complimentary Membership - Be paid to improve your strength and health!
- Company-paid certifications
- **Paid for all scheduled hours (not just for training)**
- Opportunity for career advancement
- Full-time employees may be eligible for Paid Vacation, Sick Days, and Holidays
- Full-time employees may be eligible for Employer contributions to Health Insurance Coverage

The Role of a Certified Exercise Coach:

As a Certified Exercise Coach at The Exercise Coach, you will deliver One-on-One and small-group exercise instruction to clients of all ages. The day-to-day work will never get boring with plenty of activity and variety! Some of the things you would do in a regular week might look like this:

- Conducting initial consultations
- Lead individual and small-group exercise sessions
- Track fitness results for clients and lead client education
- Grow the business by selling monthly and package sessions
- Measure success by tracking studio metrics

No fitness experience is necessary, but candidates with experience in personal training or small-group fitness instruction will receive priority consideration. All employees will receive full training in The Exercise Coach methods and technologies and must be willing to participate in our exercise and nutrition methodology.

This role is excellent for you if you have:

- **Passion for Health & Fitness:** This is where it all begins!
- **Good Communication Skills:** You must be comfortable conversing in person and on the phone, know how to conduct yourself professionally, and deliver clear instructions to the clients.
- **People skills and personality:** You must LOVE working with people! As mentioned above, you must be very comfortable working with people. This is an exciting studio, and you must be able to show your clients energy and excitement while working with them.
- **Health and Fitness Education:** A college degree in a health-related field is nice but not required. However, fundamental knowledge of exercise science and human biology is essential. You do not need a great deal of personal training experience, but you should have a working knowledge of the human body and the various components of good health and fitness.

If you want to inspire and empower people to enjoy the strength, we'd love for you to consider joining our team!

Certification:

- Successful completion of:
 - The Exercise Coach Certification Course
 - Nutrition Playbook Certification Course
 - Valid CPR/AED certificate from a nationally recognized provider.
 - Must be eligible to work in the USA

Preferred Skills:

- Basic nutrition knowledge
- College degree in a health-related field
- Experience with various strength training applications
- Experience working with older adults and various limitations

Benefits:

- Competitive salary
- Free Uniforms
- Opportunity for Advancement

Employment Type:

- Part – Time

Experience:

1. year, 1-3 preferred

Salary:

\$18.00 - \$22.00 p/hr based on experience

TO APPLY:

EMAIL STUDIO OWNER: Nathan Cleveringa nathan.cleveringa@exercisecoach-usa.com

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WEBSITE www.exercisecoach.com

The **Exercise** Coach[®]



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